

# VNS Home Health Services



**SOUTH COUNTY HOSPITAL**  
HEALTHCARE SYSTEM

## FREE Health Check Screenings to the Community

### Health Check Sites

VNS Home Health Services provides health screening, blood pressure checks and teaching materials as a free service to our community

### Dates and Times

Learn more about stress and have your blood pressure checked at any of the following locations:

| <b>North Kingstown</b>  |  |                         |
|---|--|-------------------------|
| North Kingstown Senior Center<br>10 Beach St.                       | 1 <sup>st</sup> Monday of the month<br>9:30 a.m. - 12:30 p.m. &<br>3 <sup>rd</sup> Monday of the month<br>12:30 p.m. – 2:30 p.m. | 268-1590                |
| Dave’s Market, North Kingstown<br>Frenchtown Road                   | 5 <sup>th</sup> Monday of the month<br>1:00 p.m. - 3:00 p.m.   | 885-9100                |
| Essex Village<br>North Kingstown                                    | 1 <sup>st</sup> Monday of the month<br>1:15 p.m. – 3:00 p.m.   | 884-6474                |
| Stop & Shop, North Kingstown<br>Frenchtown Road                     | 3 <sup>rd</sup> Tuesday of the month<br>1:00 p.m. – 3:00 p.m.  | 884-9400                |
| <b>East Greenwich</b>   |  |                         |
| St. Luke’s Church<br>99 Peirce Street                               | 3 <sup>rd</sup> Tuesday of the month<br>10:00 a.m. – 12:30 p.m.  | 886-8638 or<br>886-3232 |
| <b>Jamestown</b>  |  |                         |
| Jamestown Senior Center/Mealsite<br>6 West Street                   | 2 <sup>nd</sup> Monday of the month<br>12:30 p.m. - 1:30 p.m.  | 423-2658                |
| Pemberton Apartments<br>45 Pemberton Ave.                           | 2 <sup>nd</sup> Monday of the month<br>1:45 p.m. – 3:00 p.m.   | 423-1561                |
| <b>South Kingstown</b>  |  |                         |
| The Center, South Kingstown<br>35 St. Dominic Road                  | Monday & Wednesday weekly<br>9:30 a.m. – 11:30 a.m.  | 789-0268                |
| Peace Dale Estates<br>1223 Saugatucket Road                         | 1 <sup>st</sup> Tuesday of the month<br>1:00 p.m. – 3:00 p.m.  | 789-4980                |
| Peace Dale House<br>1221 Saugatucket Road                           | 2 <sup>nd</sup> and 4 <sup>th</sup> Thursday of the month<br>9:30 a.m. - 11:30 a.m.  | 789-5359                |
| Indian Run Apts., Peace Dale<br>682 Kingstown Road                  | 4 <sup>th</sup> Wednesday of the month<br>12:30 p.m. - 2:30 p.m.   | 789-3044                |
| <b>Narragansett</b>   |  |                         |
| Stop & Shop, Narragansett<br>Salt Pond Shopping Ctr, Pt Judith Road | 1 <sup>st</sup> Wednesday of the month<br>12:30 p.m. - 2:30 p.m.   | 783-7768                |
| Beachwood House, Narragansett<br>Kingstown Road                     | 4 <sup>th</sup> Monday of the month<br>12:30 p.m. – 2:30 p.m.  | 783-8985                |
| Narragansett Senior Center,<br>53 Mumford Rd.                       | 1 <sup>st</sup> Tuesday of the month<br>10:00 a.m. – 12:30 p.m.  | 782-0675                |

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| <b>Richmond</b>                                 |  |          |
|---|--|----------|
| Canochet Cliffs II<br>805 Main St., Hope Valley | 3rd Wednesday of the month<br>12:30 p.m. – 1:45pm                        | 539-2223 |
| Canochet Cliffs I<br>825 Main St., Hope Valley  | 3rd Wednesday of the month<br>2:00p.m. – 3:00pm                          | 539-7490 |
| Richmond Adult Center<br>1168 Main St.          | 3rd Thursday of the month<br>10:00 a.m. – 12:00 p.m.                     | 539-6144 |
| <b>Charlestown</b>                              |  |          |
| Charlestown Senior Center<br>Old Post Road      | 2 <sup>nd</sup> Wednesday of the month<br>12:30 p.m. - 2:30 p.m.         | 364-9955 |
| <b>Westerly</b>                                 |  |          |
| Parkview Apts., Westerly<br>High Street         | 1 <sup>st</sup> Thursday of the month<br>10:00 a.m. 12:00 p.m.           | 596-4918 |
| Merchants Village<br>25 Clark Street            | 1 <sup>st</sup> Thursday of the month<br>12:30 p.m. – 2:45 p.m.          | 596-9754 |
| Shaws, Westerly<br>100 Franklin Street          | 3 <sup>rd</sup> Thursday of <b>even</b> months<br>12:30 p.m. - 2:30 p.m. | 348-8323 |
| Crandall House, Ashaway<br>Broad Street         | 2 <sup>nd</sup> Tuesday of the month<br>10:00 a.m. - 12:00 p.m.          | 377-2857 |
| The Elms, Westerly<br>22 Elm Street             | 2 <sup>nd</sup> Tuesday of the month<br>12:30 p.m. - 2:30 p.m.           | 596-4630 |
| Stop & Shop, Westerly<br>Post Road              | 3 <sup>rd</sup> Thursday of <b>odd</b> months<br>12:30 p.m. - 2:30 p.m.  | 596-6490 |
| Westerly Senior Center<br>39 State Street       | 4 <sup>th</sup> Tuesday of the month<br>9:30 a.m. - 1:30 p.m.            | 596-2404 |

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